



Preble County Historical Society, Inc.
7693 Swartsel Rd. Eaton, Ohio 45320

Press Release

RELEASE: ASAP

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May 6 Herb Faire

2012 Herb of the Year, ROSE, will be featured at the May 6 Herb Faire, hosted by the *Herb Society of PCHS*. Sunday May 6, 2012 from 12noon-5pm, Preble County Historical Society, 7693 Swartsel Rd., Eaton, OH (accessible off St. 122, 6 miles SE of Eaton, 1 mile NW of Gratis). The Herb Faire will host herbal related educational programs, relaxing music, and healthy food selections in our lunch stand!

The Herb Plant Sale is the highlight of the Herb Faire! Herb Society members entice garden enthusiasts to think beyond the ordinary Thyme and Basil plants. Cooks and gardeners alike will be interested in trying new unique flavors and aromas to add a little spice and adventure to recipes and flower beds. In addition, aromatic scented geraniums will be available, which can be dried for beauty and pleasure long after the last frost. Herb Society members will be on-hand to assist customers in selecting the right herb plants for their gardens. Visitors can sample a variety of tasty herb dips and teas.

Local vendors will offer herbal related products and handcrafted wares. For your music enjoyment, traditional folk style tunes by local musicians will be available throughout the afternoon.

For your dining pleasure, the society's lunch stand will offer a new twist to its menu this year by **Chef Greg File of Silver Spoons Catering**, incorporating a variety of healthy recipes: Horseradish Rubeen's, Mushroom Thyme & Herb Vegetable Soups, stuffed Portabella Mushrooms, Spinach Feta Herb Quiche, Chicken Salad Croissants, various side dishes, in addition to the traditional grilled hamburgers, hot dogs, metts & brats, herb tea, soda pop, homemade pies and ice cream to top off your meal!

Presentations and programs begin at 1:00pm with **Herbalist Janell Foust** presenting: **Roses, Beautiful, Ancient, Precious and Healing to the Mind, Body & Spirit!** The one-hour class will study varieties, care, and the medicinal and historical uses of the Rose. Come sip Rose petal and Rose hip tea. Splash on some Rosewater, enjoy, and learn how to use the Roses that grow around us!

Janell Foust is a florist, herbalist, Therapeutic Touch™ and Reiki . Owner and founder of Lavender & Roses Herbarry and Florals. Janell has studied at the Dominion Herbal College, British Colombia; at Rosemary Gladstar's the Art & Science of Herbalogy and Gladstar's Advanced Herbal Training; served an Internship with an Amish herbalist, Soloman, from Southern, Indiana; completed Reiki 1 & 2 with Sally Garrett, Earthlight Energies, Tarpley, Texas; completed Therapeutic Touch level 1 & 2 Ottawa, Canada and interned with Trish Rolls, Touching Lives with Care, Montreal, Canada practicing the modalities of Therapeutic Touch™ and Aromatherapy in health care facilities for geriatric care, palliative care, Alzheimer's & hospice care. And her exciting journey into the green continues ~~~~~

At 2:00pm, begins a **Rose Water Shaker** program hosted by **Jerry Gross** of Lewisburg, a local pharmacist. Jerry will give a brief history of the Shakers, a religious sect, and their involvement in growing, packaging and distribution of herbs for cooking and medicinal purposes. The Shakers were one of the largest manufacturers of Rose Water, and in celebration of the Rose, as the herb of the year, Jerry will give a demonstration on how to make Rose Water. Jerry will have Vintage glass Rose Water bottles filled with his Rose Water available for purchase at the end of his program with all proceeds benefitting the Historical Society!

3:00 begins an herbal cooking demonstration by *Caroline Crosswell*, and will feature recipes incorporating the use of Roses, the 2012 Herb of the Year.

4:00pm is the last educational program of the day with a *Medicinal Hike* along the Aukerman Creek Trail, guided by Herbalist Janelle Foust and Sharon Combs. *The Herb Society of PCHS*, under the guidance of Herbalist Janell Foust, started the Medicinal trail project at the Historical Center in 2006 with the purpose of identifying the medicinal uses of the trees, plants, shrubs, wildflowers found at the Historical Center. To date, over 140 species have been identified

For more information about the May 6 Herb Faire, please contact the Historical Society at 937-787-4256, or by email: preblecountyhistoricalsociety@frontier.com. Visit our web site: www.pchs.preblecounty.com.